



Results 2022

Pos	Race No	Name	Surname	Gen	Prologue	Time Day 1	Time Day 2
1	27	Petrus	Maree	M	01:01:45	03:49:00	02:02:08
2	9	Wojtek	Orzechowski	M	01:20:47	04:15:04	02:19:56
3	28	Janet	Woodhead	F	01:09:27	04:25:57	02:29:43
4	10	Gina	Stewart	F	01:40:18	04:54:38	02:41:49
5	16	Alet	Morgan	F	01:27:48	05:06:09	02:55:30
6	15	John	Morgan	M	01:27:49	05:06:09	02:55:31
7	17	Monica	Neetling	F	01:42:55	05:13:22	02:51:18
8	18	Cathryn	Proctor	F	01:42:55	05:13:22	02:51:18
9	14	Jontelle	Linnegar	F	01:40:18	05:22:29	02:58:43
10	11	Shirley	Bosman	F	01:40:18	05:11:12	03:11:28
11	19	Monica	Taylor	F	01:42:55	05:35:27	02:45:51
12	20	Zelda	Kruger	F	01:42:55	05:35:28	03:04:52
13	21	Karin	Bass	F	01:52:21	05:45:31	03:12:00
14	22	Frances Sally	Orzechowski	F	01:52:21	05:45:31	03:12:00
15	23	Janine	Pohlmann	F	01:58:23	06:33:43	03:23:53
16	24	Mark	Pohlmann	M	01:58:23	06:33:43	03:23:53
17	25	Anthony	Scholtz	M	01:58:23	06:33:43	03:23:53
18	5	Willem	van Zyl	M	02:14:02	06:18:21	03:50:38
19	6	Jana	van Zyl	F	02:14:02	06:18:21	03:50:38
20	7	Shelley	Durrant	F	03:00:20	07:56:08	04:45:02
21	8	Lynne	Baxter	F	03:00:20	07:56:08	04:45:02
	26	Jeannette	Wylie	F	01:31:38	05:22:18	03:42:53
	29	Michael	Bowen	M	01:40:17	06:37:01	DNS

Overall Time

06:52:53

07:55:47

08:05:07

09:16:45

09:29:27

09:29:29

09:47:35

09:47:35

10:01:30

10:02:58

10:04:13

10:23:15

10:49:52

10:49:52

11:55:59

11:55:59

11:55:59

12:23:01

12:23:01

15:41:30

15:41:30

10:36:49

08:17:18



Day 2 - 2022

Pos	Race No	Name	Surname
1	27	Petrus	Maree
2	9	Wojtek	Orzechowski
3	28	Janet	Woodhead
4	10	Gina	Stewart
5	19	Monica	Taylor
6	17	Monica	Neetling
7	18	Cathryn	Proctor
10	16	Alet	Morgan
11	15	John	Morgan
12	14	Jontelle	Linnegar
13	20	Zelda	Kruger
14	11	Shirley	Bosman
15	21	Karin	Bass
16	22	Frances Sally	Orzechowski
17	23	Janine	Pohlmann
18	24	Mark	Pohlmann
19	25	Anthony	Scholtz
20	5	Willem	van Zyl
21	6	Jana	van Zyl
22	7	Shelley	Durrant
23	8	Lynne	Baxter
24	26	Jeannette	Wylie
25	29	Michael	Bowen
		Records	
	2020	Ruan	vd Merwe
	2021	Estee	Cockcroft

Time						
02:02:08				00:11:00	02:13:08	02:02:08
02:19:56				00:00:00	02:19:56	02:19:56
02:29:43				00:17:00	02:46:43	02:29:43
02:41:49				00:00:00	02:41:49	02:41:49
02:45:51				00:19:00	03:04:51	02:45:51
02:51:18				00:00:00	02:51:18	02:51:18
02:51:18				00:00:00	02:51:18	02:51:18
02:55:30				00:00:00	02:55:30	02:55:30
02:55:31				00:00:00	02:55:31	02:55:31
02:58:43				00:00:00	02:58:43	02:58:43
03:04:52				00:00:00	03:04:52	03:04:52
03:11:28				00:00:00	03:11:28	03:11:28
03:12:00				00:00:00	03:12:00	03:12:00
03:12:00				00:00:00	03:12:00	03:12:00
03:23:53				00:19:00	03:42:53	03:23:53
03:23:53				00:19:00	03:42:53	03:23:53
03:23:53				00:19:00	03:42:53	03:23:53
03:50:38				00:17:00	04:07:38	03:50:38
03:50:38				00:17:00	04:07:38	03:50:38
04:45:02				00:24:00	05:09:02	04:45:02
04:45:02				00:24:00	05:09:02	04:45:02
SC 3:42:53				00:00:00	03:42:53	03:42:53
01:42:54						
02:10:58						